

## Speakers

**Jo Veta Wescott :**

Executive Director Kansas Parish Nurse Ministries USA. Parish Nurse Educator. Parish Nurse Presbyterian Church Wichita ,Kansas.

**Dr Myrna Cassmere:**

Dr. Cassimere is the Church Nurse for Blessed Francis Xavier Seelos Catholic Church in New Orleans La. Parish Nurse educator.

**Carmel McLeod:**

Pastoral Nurse, St Francis of Assisi Parish Mill Park, Sessional teacher in Spirituality & Healthcare and Healthcare ethics units for undergraduate Nurses and Midwives at ACU Melbourne.

**Leonie Rastas:**

Co Founder Pastoral Healthcare Network, Director Pastoral Nurse education , Pastoral Nurse PHNA Geelong, Sessional Teacher in the Spirituality in Healthcare unit for undergraduate Nurses & Midwives at ACU Melbourne.

**Susanna Warner:**

Chairman: Australian Faith Community Nurses Association, Mental Health Nurse/Faith Community Nurse.

**Ronald Valencia**

Psychotherapist in private practice in Sydney who came to psychotherapy via philosophy and theology.

**Brenda Howard-Larson**

Director of Wellness at the Nelson Wellness Center, a division of Knute Nelson, in Alexandria, Minnesota.

**Sister Rosalind Cairns**

Mental Healthcare Chaplaincy Coordinator—Healthcare Chaplaincy Council Victoria

**Jo Grainger**

Lecturer/Health Care Ethicist,  
School of Nursing & Midwifery (Victoria)  
Australian Catholic University

## Optional Lecture

The Annual Vivian Bullwinkel lecture will be held Wednesday evening and all are welcome to attend.

The free lecture will address Public Health issues.

### 4TH ANNUAL PASTORAL HEALTHCARE CONFERENCE

*What's spirituality  
got to do with  
health & wellbeing?*

Saturday November 21st 2009

Presented by



Pastoral Healthcare Network  
Australia



TO

## 4TH ANNUAL PASTORAL HEALTHCARE CONFERENCE

For Doctors, Nurses, Clergy, Allied Health & Pastoral staff.

*What's spirituality got  
to do with  
health & wellbeing?'*



## & BASIC PREPARATION COURSE FOR PASTORAL NURSES

November 18 ,19, 20 & 21 2009

Nurses' Memorial Centre  
431 St Kilda Rd, Melbourne

This activity has been endorsed by APEC number 070207372 as authorised by the Royal College of Nursing, Australia according to approved criteria.

Attendance at Basic Preparation attracts 19 CNE points and the Conference , 5 CNE Points as part of RCNA'S Lifelong Learning Program



## Pastoral Nursing Course: Nov 18,19 & 20

A personal letter addressing why being a Pastoral Nurse is important to you, and a support letter from your pastor / institution **MUST** accompany registration form.

### COURSE OVERVIEW

This course utilizes the standardised core curricula developed through the International Parish Nurse Resource Center. The course will provide basic preparation for Pastoral Nurses. The content provides information regarding the role of the faith community in health, philosophy and history of Pastoral Nursing, and functions of the role.

### OBJECTIVES:

- To explore the connection between an individual's spirituality and its effect upon personal health.
- To explore the role of the Pastoral Nurse in the Australian health care system.
- To describe the role of the congregation in health .
- To review the history, philosophy and models of Pastoral Nursing.
- To define the Pastoral Nurse's role including counselor, educator, referral agent, advocate, developer of support groups, facilitator of volunteers, and integrator of faith and health.

### TIMETABLE :

Wednesday 18th, Thursday 19th & Friday 20th November

Registration: 8.00am Wed; Course daily: 8.30 am – 5.15pm

**Cost for the entire program is only \$320. This includes all program materials; lunch each day; and a Pastoral Nurse pin and certificate of completion at the end of the course.**

## Conference Agenda : Nov 21

### Conference Objectives:

- 8..30 Registration  
9.00 Welcome & opening devotion  
9.30 Spirituality in healthcare  
10.15 BREAK  
10.30 The unique role & benefits of Pastoral Nursing  
11.00 Spirituality & depression  
11.45 Spiritual distress & the role of the Chaplain  
12.30 LUNCH  
1.30 Sign Chi Do : Exercising the mind body & spirit  
2.15 Applying spirituality to real life situations  
3.00 BREAK  
3.15 Suffering in illness  
4.00 Closing devotion & commissioning ceremony.

At the end of the conference the participants will be able to:

- Discuss spirituality and its importance in health-care.
- Identify the unique role of the Pastoral Nurse and the health ministry team.
- Discuss the benefits of Pastoral Nursing.
- Describe spiritual distress and the potential collaboration between Hospital Chaplains and Pastoral Nurses.
- Discuss the process of nurturing spirituality in the congregation.

Course Coordinators: Jo Veta Wescott & Leonie Rastas in collaboration with Rose Hoey from Colbrow Health-care.

## Registration

Please use block letters

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Post code \_\_\_\_\_

Telephone \_\_\_\_\_ Mob \_\_\_\_\_

Email \_\_\_\_\_

Special meal requirements \_\_\_\_\_

Pastoral Nursing Course \$240

Conference \$80

Total cost \_\_\_\_\_

Enclosed .....\$ \_\_\_\_\_

Cheques payable to PHNA

Card Payment : Visa  MasterCard

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Exp /

Signature \_\_\_\_\_

Registration deadline: Friday, Nov 13th 2009  
Reservations by mail , fax or email.  
Seating capacity is limited. Please register early.

Ph 03 5247 0128 mob 0408 217375 Fax:: 03 5294 0024  
e-mail: info@phna.org.au  
Post to : 264 Shannon Avenue  
Geelong West VIC 3218